

# Beautiful U™

## Medicinal ingredients

(per dose unit)

Collagen (as Bovine Hydrolysate & Marine Peptide) .....	10000 mg
L-Leucine .....	250 mg
L-Isoleucine .....	250 mg
L-Valine .....	250 mg
L-Tryptophan .....	220 mg
Vitamin C (as Ascorbic acid) .....	250 mg
Zinc (as Zinc citrate) .....	10 mg
Bromelain 1.....	50 GDU/g (20 mg)
Papain .....	200 TU/mg (40 mg)
Protease .....	127,000 HUT (20 mg)

**Non-Medicinal Ingredients:** Natural Flavour, Silicone Dioxide, Calcium Silicate

**Recommended Dose:** Adults: 1 Scoop 1 time per day. Take a few hours before or after taking other medications. Take with food. Take 1 Scoop immediately upon waking, after training, or anytime added to your favourite beverage. Do not exceed 1 Scoop per day. Store in a cool dry place.