WEEKLY MEAL PLANNER WEEK OF: \_\_\_\_\_

	MONDAY	INVENTORY
<b>B</b>		
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D		
	TUESDAY	
<b>B</b>		
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D		
<b>B</b>	WEDNESDAY	
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D		
	THIDCDAY	GROCERY LIST
<b>B</b>	THURSDAY	GROCERI LISI
L		
<u>S</u>		
D		
	FRIDAY	
<b>B</b>		
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D		
	SATURDAY	
<b>B</b>		
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<u></u>		
D		
	SUNDAY	
<b>B</b> —		
		BIAL
<u></u>		<b>EWI</b> WEIGHT LOSS STUDIOS